

Key Updates to the 2024 Rules of Netball

New look Rules book to make it clearer to interpret and apply the Rules. All infringements now have the sanction and terminology listed

Updates to the Contact and Game Management Rules designed to protect player safety

Scoring a Goal - when a shot is being taken and the ball is in flight, if the whistle is blown to end the period of play, the goal will stand if successful

Introduction of a Tactical Change - these can only happen after a goal is scored and removes the need for a player to feign injury to be substituted. Players can also switch positions with another on court player without the need to be substituted

The Toss Up has been removed - where simultaneous infringements occur the team with the ball will retain possession or if the ball is loose, the team who last had possession will retain it

Additional changes have been implemented to speed up the game

Changes to speed up the game

Players may go Offside to collect the ball to speed up a sanction being taken but this cannot be used to gain a tactical advantage

Players are no longer required to wait for other players to be on court to take a throw-in

Players from both teams can reposition in the court surround in an attempt to gain a better position

Other notable changes

Blood - Players who have dry blood on their uniform but who are not bleeding are no longer required to be substituted

Centre Pass - any on court player can request the centre pass is checked for validity

Additional tidy ups and simplifications to the Playing the ball, Advantage, Short Pass and Throw In rules

Other things to look out for

You will no longer hear an umpire saying 'Advantage Goal' on infringements that occur just before a goal is scored. The umpire will now say 'Advantage,' the sanction, and the player position infringing. 'Advantage Contact GK' or 'Advantage Obstruction GD.'

If the umpires blow the whistle at the same time to penalise opposing teams for infringements, the infringement with the more significant sanction or action will stand according to the following order. Foul play, Major Infringement, Minor infringements, or an infringement resulting in an action being taken.